

POW/MIA run a time to

TailwindTravis AFB, Calif.Friday, September 27, 2019Vol. 44, Number 39

■ Mobility Guardian builds bridges internationally **PAGE 3** ■ Inspection team vital to success **PAGE 4**

Contras Contras

PAGES 14-15

Reinforce belonging to build team unity

YESS AIR FORCE BASE, Texas — Is it mission or people first? There are different arguments to justify either stance. I believe that if it

were people first, everyone would get what they wanted from the Air Force and we, as an organization, would shy 7TH OPERATIONS away from placing people in risky or dangerous situations.

Of course, what we do is inherently dangerous and much depends on our success. Therefore, I like to say that I am a "mission first, people as much as we can" leader.

At first glance, this can be seen to downplay the importance of our people. However, the mission only needs to take priority over people in select



any other organization out there. Of course, we are Commentary most successful at takby Col. ing care of our people Daniel Diehl when the individual Air-

GROUP longing. Only then is this business more than a job and, instead, a family working together to accomplish something greater than ourselves.

man has a sense of be-

In case you didn't know, we are different than other organizations. We are different because we exist to defend an ideal. We swear allegiance to that ideal in the form of the United States Constitution and serving that ideal is a 24/7 endeavor.

Commander's Commentary

This type of service requires a different approach, one where just showing up and doing your daily duties is not enough. Our employees aren't applying for a job in their local community where they maintain their current family relationships, same old circle of friends, sleep in the bed they've slept in for years, listen to the same radio stations and frequent their childhood restaurants.

Instead, their family and friends say goodbye as we take them to a different state, train them in a completely new life with unique customs and courtesies and then ship them to the four corners of the world. There, we give them a new bed to sleep in and provide meals around a

different table and expect them to instantly feel comfortable in an alien environment.

The Air Force effectively adopts our Airmen into the military family. The adoption is successful when a bond forms between the family and its new member. That bond is a sense of belonging.

Unfortunately, the Air Force as an entity cannot provide the individual Airmen a sense of belonging. This sense of belonging is born and nurtured in face-toface interactions. It starts with how we welcome new members to our sections, flights and units. We nurture it when we rally around each other in our times of need. We reinforce the sense of belonging when others see how we take care of our own.

When we simply show up and put in our time at work, when we treat our service as simply a job, we fail the family and we fail at

taking care of our people. Face-to-face leadership is key

SEPTEMBER 27, 2019

to promoting this sense of belonging. We must know more about each other than simply how we are progressing in our training to see when someone is in need. We most effectively take care of our people when Airmen at all levels promote a culture of family working together to accomplish the mission.

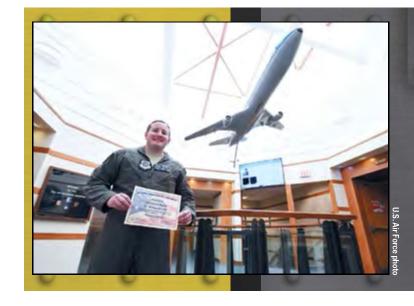
There are no metrics to track how well we know each other and the minute we add one. that too becomes simply a box to check in our daily duties. When we treat our workplace as a family environment, we enable the bond to form with our new family members. The people as much as we can statement takes on a new meaning when we quit looking to the Air Force to take care of people and, instead, accept our individual responsibility to take care of each other.

tinues through Sept. 28.

Aircraft, equipment and personnel from multiple installations were positioned at Travis prior to deploying to Washington for MG19. MG19 is Air Mobility Command's largest training event with more than 4,000 joint and international service members integrated to hone their skills and improve partnerships.

tive basing."

partners.



Mission-ready has become mission-first at any cost

Commentary by Airman 1st Class Octavius J. Thompson 71ST FLYING TRAINING WING PUBLIC AFFAIRS

ANCE AIR FORCE BASE, Okla. - During the Resilience Tactical Pause last month, I had the chance to reflect on resiliency and the state of today's Air Force.

To me, it seems our status of always being ready turned into the mission coming first at any cost.

Tailwind

Travis AFB, Calif. | 60th Air Mobility Wing

Air Force

Col. Jeff Nelson Tech 60th Air Mobility Wing commander Jame	es Hodgman
Officer in charge of command information Tech. Sgt. Traci Keller NCO in charge of	or Airman thon Carnell nan 1st Class neron Otte nd staff

Daily Republic

Nick DeCicco | Todd R. Hansen Tailwind editor Copy editor

Enlisted Commentary

The mission coming first has become the driving force for the eight, 10 or 12hour shifts we work because that's what is needed to get the job done.

The emphasis on the mission, often at the expense of off-duty, personal time, seems rooted in the events of Sept. 11, 2001, the day our nation was attacked by a foreign enemy. Our military quickly

mission done. I believe Airmen want to The Tailwind is published by the Daily Republic, Fair-

the U.S. Air Force While most of the editorial content of the Tailwind is prepared by the 60th Air Mobility Wing Public Affairs office for its Web-based product, the content for the Tailwind is edited and prepared for print by the Daily Republic staff. Content of the Tailwind is not necessarily the official view of, nor is it endorsed by the U.S. Government, the by noon Monday for possible print in that Friday's issue.

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transitioned from a peacetime military to

Even though I have not been deployed

or served in combat, I see the effects of

9/11. Those attacks 18 years ago have left

our military on the edge and ready to de-

battle their personal hardships to get the

one on the offensive.

ploy at a moment's notice.

Correspondence can be sent to the 60th Air Mobility Wing Public Affairs staff, Tailwind, 400 Brennan Circle, Bldg. 51, Travis AFB, CA 94535-2150 or emailed to 60amwpa@us.af.mil.

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guard in fear of what might come next. As a result, Airmen are taught phras-I have witnessed the mission taking es to push through pain during basic precedence over the mental, social and spiritual aspects of some Airmen as they

cessors did 18 years ago.

training. Phrases like, "Keep it together," "Stay the course," "Suck it up," or

speak up about their problems, but are

to complete the mission as their prede-

accustomed to suppressing their feelings

For almost two decades the military

could not afford to slow down or drop its

See THOMPSON Page 23

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On the cover

Senior Master Sgt. Mark Welling, 860th Aircraft Maintenance Squadron assistant aircraft maintenance unit superintendent, carries the POW/MIA flag, Sept. 20 at Travis Air Force Base, Calif.

U.S. Air Force photo/Heide Couch

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Mobility Guardian builds partnerships

Airman 1st Class Cameron Otte 60TH AIR MOBILITY WING PUBLIC AFFAIRS

Travis Air Force Base is serving as staging for the Mobility Guardian 2019, which kicked off Sept. 8 at Fairchild Air Force Base, Washington, and con-

Among the organizations supported by Team Travis were security teams assigned to the 820th Base Defense Group from Moody AFB, Georgia, airfield assessment teams from the 621st Contingency Response Wing and members of the Royal Australian air force. "Here at Travis AFB we are serving as an aerial port of embarkation for multiple elements who are processing through," said Capt. Andrew Kibellus, 821st Contingency Response Squadron aerial port flight commander. "Training for real world situations in exercises like these serves to sharpen all mobility Airmen in the United States Air Force along with partner nations as we recreate the contingency response structure within our elements, enabling rapid global mobility and adap-

Kibellus said there are several benefits to training with international

"Over time, we have noticed, in global terms, more of our deployments are becoming joint operations," said Ki-



U.S. Air Force photo/Heide Coucl

Royal Australian Air Force Wing Commander Alan Brown, No. 383 Contingency Response Squadron, talks with members of the RAAF Task Element 640.10.5 after a Mobility Guardian mission brief Sept. 11 at Travis Air Force Base, Calif. Mobility Guardian is Air Mobility Command's full spectrum readiness exercise, which is designed to strengthen and improve integrated teamwork.

areas with our partners, which is es- in terms of transporting personnel and aircraft depending on what the mission sential to the mobility construct of the equipment is crucial in getting the mis-requires." Air Force's capability to communicate sion done successfully," Kibellus said. with other nations.

bellus. "Therefore, we share operating ner nations and how they do business airfields and potentially each other's

6th Air Refueling Squadron.

n-flight refueling operator, KC-10

squadron scheduling Airman.

Duty title:

Hometown:

Trussville, Alabama.

"During combat support or humani-"Knowing how to interact with part- tarian missions, we share equipment,

None.

Force.

Communication in such an environment is crucial and was a key part of

See PARTNERSHIPS Page 22

Name: Time in service: What are your hobbies? Senior Airman Sam Ralphs. Three years. Fishing, outdoors, video games, new places to eat. Family: Unit:

What are your goals?

Bachelor's in three years, get

selected for a rated slot at Officer

Training School, retire from Air

What is your greatest achievement?

Losing 30 pounds to join the Air Force: accomplishing all the goals that I have set.

TAILWIND 3

Inspection team key to readiness

Senior Airman **Jonathon Carnell** 60TH AIR MOBILITY WING PUBLIC AFFAIRS

Travis Air Force Base defenders transition into full battle gear as the base heightens its security posture.

Airmen across Travis AFB scramble to find shelter after a report of a mock gaterunner. Emergency teams are dispatched to investigate

While this is all happening, the giant voice is heard, "Exercise, exercise, exercise."

It takes months to coordinate an exercise between the installation's Inspector General Inspections Office and base leadership. The IG serves as the "eves and ears" for the commander. The office has two sections: complaints and inspections.

The inspections team oversees exercises and partners with senior leadership to ensure the 60th Air Mobility Wings' target areas for improvement are identified in an effort to enhance mission capabilities. Members of the inspection team are responsible for evaluating every exercise.

"WIT members are subject matter experts of certain areas and evaluators of how well the team can meet their objectives," said Tech. Sgt. Ashlie Steele, 60th Aerospace Medicine Squadron Bioenvironmental Engineering NCO in charge of readiness and operations. "There's a lot of research that goes into an exercise. We try and set up scenarios to be as realistic as possible."

Realistic exercises allow units to see their strengths and learn from their mistakes.

readiness, discipline, efficiency and economy by have the space to make misproviding oversight in conducting inspections and investigations," said

NEERIN

LLS Air Force photo/Senior Airman Jonathon Carnel

Tech. Sgt. Ashlie Steele, 60th Aerospace Medical Squadron bioenvironmental NCO in charge of readiness and operations, stands in front of the 60th AMS Bioenvironmental Engineering Shield Sept. 19 at Travis Air Force Base, Calif. Steele is also a Wing Inspection Team member where she assists in the evaluation of her unit when they are in an exercise.

Every exercise the IG co-

"When we do an exercise.

ordinates has a common goal

our intention is to make the

60th AMW and our reserve

in mind.

Wasiewski. "Exercises rep- we are." "Overall, we assess resent a low threat environment where our Airmen takes and learn from them in order to become the mission-making juggernaut that

and contingency response wings better, which is why we have such robust exercises," said Bill Hoeft, 60 AMW IG inspections planner.

See TEAM Page 22

Month seeks to save lives

Staff Sgt. Charles A. Metts III 11TH MEDICAL SQUADRON

JOINT BASE ANDREWS, Md. — September is National Suicide Prevention Month.

It's an opportunity to increase public awareness about the warning signs of suicide and provide information about the resources available to aid someone in crisis. Furthermore, this month will show how individuals, organizations, and communities can work together to save lives.

Suicide is the 10th-leading cause of death within the United States and number one in the military. According to the Defense Suicide Prevention Office, the military had 267 Active Duty, 89 Reserve, and 124 Guard suicides last year alone.

What are risk factors? Risk factors are characteristics or behaviors that increase the risk of suicide. History of substance abuse, increased irritability, impulsive behavior, isolation, feelings of hopelessness and helplessness, loss, and significant stressors are all risk factors.

Isolation can be a feeling of not wanting to go out or socialize with others, but it can also be a feeling of alienation by those around you. Loss can come in many forms. Most of us think of the loss of friends, familv. or loved ones. However, it can also appear in the form of loss in income, a significant relationship, or a duty position.

One of the leading factors of suicide is stress. Stress is all around us and comes in so many forms it is hard to keep track of! However, not all stress is bad. If the stress you are experiencing drives you to



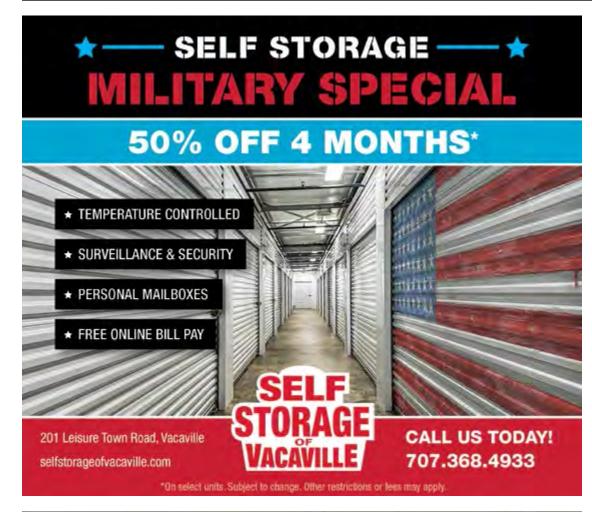


U.S. Air Force photos/2nd Lt. R. Michael Longoria

1) A Navy EA-18 Growler approaches a Travis Air Force Base, Calif., KC-10 Extender Sept. 19 near the U.S. and Canadian border. An aircrew from 9th Air Refueling Squadron refueled three Growlers in support of Mobility Guardian 2019, Air Mobility Command's largest full-spectrum readiness exercise. MG19 validates the Air Force's readiness to conduct mobility operations against threats described in the 2018 National Defense Strategy.

KC-10 refuels Navy Growlers in exercise

2) A KC-10 Extender is parked on the flightline Sept. 19 at Travis Air Force Base, Calif. The KC-10 was one of 46 U.S. aircraft that joined aircraft from 29 international partners for Mobility Guardian 2019, Air Mobility Command's largest full-spectrum readiness exercise. 3) Capt. Kyle Lengyel, 9th Air Refueling Squadron pilot and aircraft commander, discusses an upcoming mission with 1st Lt. Raj Kristipati, 9th ARS co-pilot, Sept. 19 at Travis. 4) Airman 1st Class Garrett Waltman, 9th ARS KC-10 Extender boom operator, walks toward the front of a KC-10 after refueling Navy aircraft Sept. 19 near the U.S. and Canadian border.



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TRICARE open season set to begin Nov. 11

Capt. David Ellison 6TH MEDICAL SUPPORT SQUADRON

MACDILL AIR FORCE BASE, Fla. — If you would like family member's TRICARE with this fall's TRICARE Open Season

al month-long period when you marriage, birth of a child, or can enroll in or change your retirement from active duty, health care coverage plan for the next year. It occurs every year from the Monday of available to you. A QLE opens the second full week in Novem- a 90-day period for you to make ber to the Monday of the second enrollment changes, and a QLE full week in December. Any enrollment choices you make dur- that all family members can ing this time will take effect on make enrollment changes. De-Jan. 1.

This year, TRICARE open season takes place Nov. 11 to family to enroll in a new TRI-Dec. 9. During TRICARE Open Season, you can enroll in or your health plan coverage. For change your TRICARE Prime or TRICARE Select health plan. If you remain eligible for TRI-CARE coverage and make no son or in the 90 days following changes during open season, then you will keep the same plan for 2020. In addition, you may also change your type of

enrollment during this time. such as switching from individual to family coverage.

SEPTEMBER 27, 2019

If you are enrolled in TRI-CARE Prime or TRICARE Seto make changes to your or a lect, there is one other way you and your family can change health plan for 2020, your op- your health plan outside of Open portunity is fast approaching Season. This occurs if you or a family member experience a Oualifying Life Event. A OLE Open season is an annu- is a change in your life, such as which could mean that different TRICARE health plans are for one family member means pending on your eligibility, a QLE might enable you and your CARE health plan; or, change more information, visit www.tricare.mil/lifeevents.

During TRICARE Open Seaa QLE, you have three methods to make an enrollment decision: 1. Online: Go to the

See TRICARE Page 19





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2019.

Jordanian Armed Forces.

Dobbins airpower on full display at Eager Lion

Senior Airman Josh Kincaid 94TH AIRLIFT WING PUBLIC AFFAIRS

DOBBINS AIR RESERVE BASE. Ga. — These airmen stay Reserve Ready by continually working to improve their skillsets and their operability, both of which can be honed by an in-

Marking its ninth iteration, Eager Lion is a multilateral exercise hosted by the Hashemite Kingdom of Jordan from men. Aug. 25 to Sept. 5. It is designed to exinteroperability among partner nations, and considered the capstone of a broader U.S. military relationship with the

Jordan is one of U.S. Central Command's strongest and most reliable partners in the Levant sub-region. Approxi-States, Jordan and 23 other nations were scheduled to participate in the exercise.

Dobbins Air Reserve Base was the primary provider of air support for EL19. They supplied and operated two C-130H3s, which were instrumental to several key exercises.

The exercises from EL19 were based on fictitious adversaries, but focused on counter-terrorism, integrated air and ternational exercise such as Eager Lion missile defense, maritime security and border security. All of which couldn't be possible without the air support from Dobbins and its Reserve Citizen Air-

"This has been one of the best exerchange military expertise and improve cises that I've been on," said Capt. Anthony Toste, a C-130H3 pilot from the 700th Airlift Squadron. "We have had the opportunity to do so many types of missions since we've been here. Anything from the Rapid Air Land, to flying around, being able to meet with different users from different countries mately 7,500 personnel from the United and to work with them, from airdrops to low-levels. We've done pretty much See EAGER LION Page 18



U.S. Air Force photo/Senior Airman Josh Kincai

Two loadmasters from the 700th Airlift Squadron scan out of the rear of a C-130H3 while flying over the landscapes of Jordan during Exercise Eager Lion on Sept. 1.

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U.S. Air Force photo/Airman 1st Class Madeleine F. Jinks

An Air Education and Training Command Women's Fly-In Event participant guides a girl through a virtual reality during the Girls in Aviation Day event held by the North Texas Chapter of Women in Aviation International at the Frontiers of Flight Museum Sept. 21 at Love Field in Dallas. These are held across the country, but Dallas is the biggest event with more than 3,000 attendees.

AETC hosts women's fly-in event in Texas

Airman 1st Class Madeleine E. Jinks AIR EDUCATION AND TRAINING COMMAND PUBLIC AFFAIRS

FORT WORTH, Texas -Air Education and Training Command hosted a fly-in event in Fort Worth Sept. 18-21; one that brought together a small group of Air Force aviators ranging from fighter to cargo pilots, boom operators and load masters to special avia- Hawaii and across the Unittion operators.

event recognized, valued and leveraged the differences and and learn from each other with similarities which make the the goal of gaining a mentor, Gen. Jacqueline Van Ovost, Of those, there are 655 flying

-a diversity that is necessary ator who can share knowlto become a more lethal force.

The annual fly-in is intended to accomplish that goal by giving networking opportunities designed to enhance professional contributions and motivate the next generation of female aviators.

Approximately 110 participants flew in for the event from locations as far as Japan, ed States. Women of all ages, The AETC Women's Fly-In ranks and career paths had a few minutes together to talk

edge and experiences of being nie Leavitt, Air Force Recruita woman in aviation – as they ing Service commander; Col. can be few and far between.

Lt. Gen. Brad Webb, Air Education and Training Command commander, gave opening remarks and addressed the rated-flyer diversity issue. The general said although he hasn't had much experience flying with women during his career, his goal is to be an advocate for women aviators and listen to their needs.

In addition to Webb, other

Samantha Weeks, 14th Flying Training Wing commander, Columbus Air Force Base, Mississippi: and Lt. Col. Shelly Mendieta, Air Force Warfare Center Operations director.

Mendieta began her speech aviation.

"In 2018, there were 465,513 pilots in the U.S.," she said, "24,197, or 5.2%, were women. 66,345, or 20%, guest speakers included: Lt. of the Air Force are women.

Air Force better and stronger- mentee or a just a fellow avi- Headquarters Air Force di- pilots, 308 combat systems ofrector of staff; Maj. Gen. Jean-ficers or navigators and 217 air battle managers, 64 fighter pilots and 40 weapons systems officers."

These statistics show how small of a group women are in the military. Because of that, Capt. Alaina Dent, Sheppard AFB 80th Flying Training Wing T-38 instructor pilot, with statistics about women in said she believes it's important for women to stand together.

"This event is significant because it provides us with the ability to connect with women in rated jobs and network with the women around us who are

Air Force reduces pregnant aviators

Secretary of the

ARLINGTON, Va. — The flight duties.

cy without a medical waiver.

throughout their pregnancy."

Hogg further explained that no Airman will ever be forced to fly while pregnant, even those pregnancies deemed as uncomplicated by medical professionals. Airmen who have pregnancies without complications and choose to continue to fly may change their mind at any time.

the Air Force.

barriers for

Air Force Public Affairs

Air Force recently updated a policy to reduce restrictions on pregnant women who perform

Effective immediately, remotely piloted aircrew, missile operations duty crews and certain fully qualified pilots are authorized to perform their assigned duties during pregnan-

"We recognize that each pregnancy is as unique as our professional female aviators we trust to operate our weapon systems," said Lt. Gen. Dorothy Hogg, Air Force surgeon general. "We're empowering women to work closely with their obstetrician and flight medicine providers to pick a path that is tailored to their individual needs, while ensuring we're doing everything to support them

The change, reflected in the Medical Standards Directory, is one of several policy adjustments made in recent months intended to remove obstacles female Airmen face when considering long-term service in

"We are also reviewing occupational hazards in the aviation environment to see if we can open up the opportunities for trained aircrew to perform flight duties on the full portfolio See BARRIERS Page 17

AMC commander talks readiness

AIR FORCE

Air Mobility Command Public Affairs

NATIONAL HARBOR, Md. — Throughout the Air Force Association's Air, Space & Cyber Conference, Sept. 16-18, at National Harbor, Maryland, defense and Air Force leaders spoke about the need for change as the Department of Defense focuses its attention on great power competition at the direction of the 2018 National Defense Strategv

Addressing a room of Airmen, reporters, and defense researchers, commander of Air Mobility Command, Gen. Maryanne Miller, explained how her command is adapting to meet the demands outlined by the strategy.

"The operational environment is changing, and mobility forces must evolve with it," she began. "That's why, over the past year, Air Mobility Command has transformed into a warfighting component command."

Miller explained that like Air Forces Central Command, U.S. Air Forces in Europe & Air Forces Africa, and Pacific Air Forces, AMC has become a Joint and Combined Forces air component command, restructured to provide direct coordinating authority for more effective command and control of mobility forces.

"Through this transformation, we're more responsive to the Combatant Commands. and we're able to better position our mobility forces to compete, deter and win with speed and agility," said Miller.



Gen. Maryanne Miller, Air Mobility Command commander, participates in the Expanding the Competitive Airlift Edge panel Sept. 17 during the Air Force Association Air, Space and Cyber Conference in National Harbor. Md. The ASC Conference is a professional development conference that offers the opportunity for Department of Defense personnel to participate in forums, speeches and workshops.

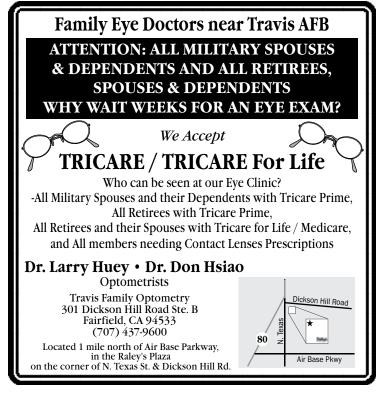
In line with this transition into a warfighting command, Miller told the audience AMC is preparing for full-spectrum conflict through largescale exercises like Mobility Guardian 2019, currently taking place in the Pacific Northwest from Sept. 8-28. The exercise is designed to test the command's capabilities in a contested, degraded, and operationally-limited environment

"As we speak, more than 2,500 Total Force Airmen are deployed to locations throughout Washington State, participating in our command's premier exercise," she said. "They are joined by 1,500

LINDA LEIGH JACOBS ndependent Sales Directo call/text 707-999-6736 www.marykay.com/LindaLeigh MARY KAY God First, Family Second, Career Third Joint and international part- largest full-spectrum readiners to validate our transformation efforts and ability to conduct mobility operations against the threats identified in our National Defense Strategy." Miller explained that as

ness exercise to date, Mobility Guardian 2019 helps test the nation's ability to conduct rapid global mobility operations, including her command's four See READINESS Page 26

AMC's premier exercise and



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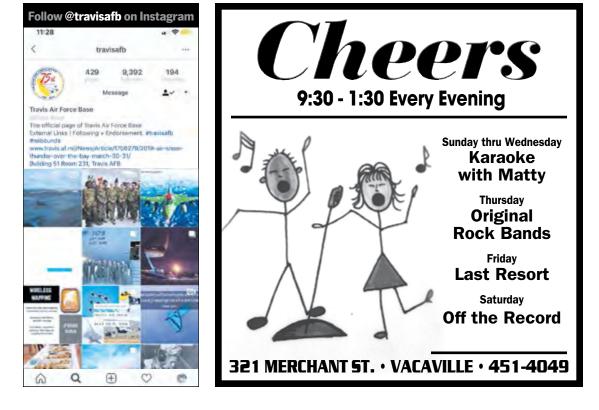
Heather Leveille 33RD FIGHTER WING

EGLIN AIR FORCE BASE, Fla. — For the first time, Airfired AIM-9X missiles from F-Eglin Air Force Base, Florida,

33rd FW weapons manager.

bat.

cised this capability and didn't vanced notice," Lang said.



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33rd FW fires AIM-9X missiles for first time

Airman 1st Class

men from the 33rd Fighter Wing 35A Lightning II Sept. 17-19 at during exercise Combat Archer. "The 33rd Fighter Wing is crossing another important milestone this week as we take on a short notice Weapons Standardization and Evaluation Program tasking to load, carry and fire seven AIM-9X missiles in support of Combat Archer," said Chief Master Sgt. John Lang,

Loading live missiles doesn't happen often at this training wing, and it was the first time some Airmen were able to participate in a live load. Combat Archer brings the unique experience of being able to load live munitions outside of actual com-

"When the opportunity was presented, both operations and maintenance eagerly accepted the challenge, even though have the usual six-months ad-



U.S. Air Force photo/Airman 1st Class Heather Leveille

Weapons load crew members assigned to the 58th Aircraft Maintenance Unit, Eglin Air Force Base, Fla., move an AIM-9X missile Sept. 19 during exercise Combat Archer. Exercise Combat Archer provides the ability to train and evaluate weapons systems under simulated combat environments.

Airmen across the 33rd FW quickly started organizing all the moving parts to ensure ev- launched its effort to validate the unit had not previously exer- erything was set for the load.

tion team began generating a the AIM-9X."

After the tasking came down, weapons loading certification plan," Lang said. "The 33rd Aircraft Maintenance Squadron launch system reliability and "The 33rd Maintenance collect information from opera-Group's weapons standardiza- tional F-35 units currently using

Safety became a main concern with live munitions.

"AIM-9X is new, and we have not worked with it before," said Master Sgt. Milton Avant, 58th AMS weapons section chief. "Like with any munition, we have to be safe and do our piloted targets," Lang said.

research to find out everything we need to know about the AIM-9X, so we can train the guys to be safe and to make sure they do the load appropriately."

Part of the research was to become familiar with the AIM-9X as much as possible.

"The AIM-9X is an air-toair missile, and it is more technologically advanced than the AIM-9 missiles we have used in the past," Avant said. "The AIM-9X is smarter than its predecessor, making it a good fit for the F-35."

The 33rd FW got the opportunity to load live munitions this week because of the Weapons Standardization and Evaluation Program.

"Throughout the year, the Weapons Standardization and Evaluation Program comes through and visits different units and do what they call Combat Archer," Avant said.

Combat Archer has been conducted since the late 1970s and is used to help Airmen be better prepared for combat missions.

"Combat Archer is important because it provides an ability to train and evaluate weapons systems under simulated combat environments, to include firing live missiles against remotely



DLA national account managers adapt to goals

Dianne Ryder DEFENSE LOGISTICS AGENCY

FORT BELVOIR, Va. — Mai. Jared Newman jokes that "poof" logistics happens every time an Air Force mechanic reaches for for a downed jet that they need a repair part or an F-16 Fighting some DLA assistance on," Baka-Falcon aircraft is marshalled out to the runway for takeoff. But as deputy chief for Air Force fuels Newman with subject matter exand materiel management poli- perts. cy, Newman knows there's no hocus-pocus in the availability of supplies and mission-ready aircraft. Instead, they are the result of deliberate planning and his service's tight relationship with the Defense Logistics Agency.

Force National Account Manager team works with logisticians and planners at Air Force headquarters to increase service readiness. Led by Col. Ryan Bakazan at DLA headquarters, Lightning II and the F-16 fightthe team has customer support er jets by the end of fiscal year representatives at Air Force Materiel Command at Wright-Patterson Air Force Base, Ohio, and Air Force Installation and Mis- ority. sion Support Center in San Antonio

DLA's relationship with Air Force headquarters shapes how the agency adapts its goals and initiatives to those of the ser- DLA comes into it, is you have to vice. It also extends to lower lev- have enough fully mission-capaels, connecting supply chain ble jets on the runway."

managers with mechanics on the repair shop floor who need help getting parts quickly, Bakazan said.

"That's mostly what we deal with in the Air Force, a part zan said, adding that his team's role is to connect customers like

"It's knowing the DLA enterprise, whether it's here at the headquarters or the major subordinate commands we have around the globe," he said. "It's knowing who to call and linking up the right people so we DLA's seven-member Air can work the issues for the customer."

A key focus for the Air Force NAM team is helping the service achieve 80% mission capability for systems like the F-35A 2019.

Increasing the number of pilots ready to fly is another pri-

"There are a lot of variables," Bakazan said. "Recruits have to complete all their training missions so they can come out as fully qualified pilots. Where



U.S. Air Force photo/Senior Airman Cody Dow

Tech Sgt. Nicole Finnegan, 97th Logistics Readiness Squadron nmissioned officer in charge of storage, showcases the supply facility to Chief Master Sgt. Erik Thompson, 19th Air Force chief, in March at Altus Air Force Base, Okla. DLA's Air Force NAM team helps Air Force logisticians obtain equipment and parts for various aircraft.

port for seven weapons systems Aviation more than any of the to improve aircraft availability and increase flying hours, he added. The service also requested DLA suspend disposal of all parts associated with those systems. And a joint analysis of parts for the seven aircraft was conducted by DLA Aviation, DLA Logistics Operations, the NAM team and the Air Force and when. Sustainment Center.

"I would highlight the role we have with the MSCs, particularly

DLA is increasing parts sup- DLA Aviation. We talk with DLA other MSCs just because Air Force spare-parts support is big, but DLA Troop Support is also a big partner," Bakazan said.

> The NAM team is also working with DLA Troop Support and Air Force leaders in the rollout of new uniforms, including timelines of where they will be issued

Newman said he speaks with the Air Force NAM team weekly, if not daily, especially as the service migrates property management data into DoD's Defense Property Accountability System, or raise concerns and to build used to track more than 2 million assets.

ships."

Air Force's implementation of NAM team.

Condition-based Maintenance Plus, or CBM+, a program designed to decrease aircraft downtime through preventive maintenance.

"CBM+ is a way to better predict maintenance issues on aircraft and then respond in a timely manner." Newman said, adding that CBM+ algorithms allow Airmen to measure a part's health and predict when it will need to be replaced, thereby triggering timely orders for DLA-managed parts. Waiting until a part is broken before ordering it increases the time a system is mission-incapable.

"That's problematic because that affects all of DLA's demanddriven forecasting. If we didn't order any parts for a year or two, those contracts would go silent" and parts would be unavailable, Newman said.

A lot of the Air Force's successes are tied to the service's relationship with the NAM team, he continued.

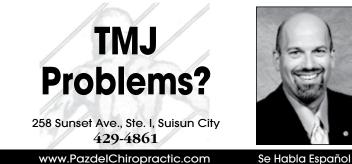
"This current NAM team has been great to work with and a lot of the members are coming out of our supply chain organizations, so we all know and trust each other." he said.

The relationship is strengthened by biweekly meetings where action officers discuss issues and upcoming events.

"So we have those scheduled forums to talk about open issues rapport," Newman added.

Finding the right point of con-"Working with DLA employ- tact in an organization as large ees like Joe Stossel, who's the as DLA can be intimidating for DPAS program manager, has Air Force logisticians, Bakazan been incredibly helpful," he said. admitted. And not knowing who "We really value those partner- to call could give them a reason to go elsewhere for support. DLA is also supporting the His advice to customers: call the

PAZDEL CHIROPRACTIC, INC.





Present This Ad for **10% Discount** off any Repair or Service!













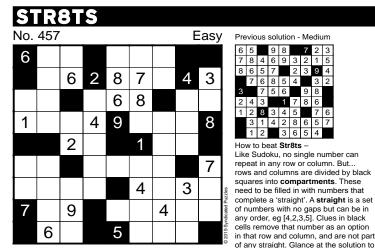
 Master Sgt. Shaun Leahy, 821st Contingency Response Support Squadron first sergeant, carries the Prisoner of War flag during the POW/MIA 24-hour remembrance run Sept. 19 at Travis Air Force Base, Calif. Service members, civilians and family members kept the U.S. and POW/MIA flags in constant motion for a 24-hour period. 2) Master Sgt. Marc Henderson, 60th Air Mobility Wing Legal Office defense paralegal manager, carries the POW/MIA flag Sept. 20 at Travis.
First sergeants from Travis run on the fitness center track with the flags. 4) The sun rises as members of the 60th AMW Legal Office run on the fitness center track.
Members of the 860th Aircraft Maintenance Squadron run on the fitness center track. 6) The Chiefs' Group carries the flags. 7) U.S. Air Force service members render a salute during a POW/MIA remembrance ceremony Sept. 20 at Travis.

Swap Ads

For rent

3/2 home, very clean, 3 mins. to Travis. Living room, dining room, family room, fire place, dishwasher, microwave, custom draperies. Top-of-the-line carpet. 3 patios. A/C. No pets, no Sec. 8. \$2,000 plus deposit. 707-425-5679.

Puzzles



tips and hints at www.str8ts.com

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The solutions will be published here in the next issue

September highlights

awareness of illinesses

In observance of Food

Safety Education Month

in September, the Defense

Commissary Agency joins

the CDC, the U.S. Depart-

ment of Agriculture-Food

the Department of Health

and Human Services and

other organizations to help

es by increasing awareness

News Notes

Battle of the Bands. Noon Oct. 26 at the First Street Chapel/Base Theater Parking Lot. Email shaquoyla.hargrove@us.af.mil to register. Retiree Appreciation Day. 8 a.m. to 2 p.m. Oct. 26 at the David Grant USAF Medical Center auditorium. This event supports and recognizes more than 65,000 retirees and family members by providing a venue to connect them with the services they need and to also see what

Chapel programs

the Air Force has been up to since they retired.

Recurring events

Catholic Twin Peaks Chapel

• Roman Catholic Mass: 9 a.m. and noon Sunday

4:30 to 5:30 p.m. Wednesday or upon

 Infant Baptism Prep Class: Two classes. Registration required, 6 to 7 p.m., quarterly,

- Youth Choir: 1 p.m. Sunday.

- Street Chapel)

RE Wing

and Friday.

The Church of Jesus Christ of Latter-day Saints

 Sacrament services: 9 and noon Sunday at Church of Jesus Christ of Latter-day Saints Fairfield Stake Center, 2700 Camrose Ave., Fairfield

DGMC Chapel

• Latter-day Saints Service: 4 to 4:30 p.m. Sunday at DGMC Medical Center Chapel.

Military relations representatives at 707-535-

Protestant

First Street Chapel

 Protestant Community Service: 9:30 to 10:30 a.m. Sunday

 Gospel Worship Service: 11:30 a.m. to 12:30 p.m. Sunday.

 Children's Ministry is provided for 6-month-olds through fifth grade.

• Protestant Men of the Chapel, 6-8 p.m. every second and third Tuesday of the month at First Street Chapel Annex, vice 8-9 a.m. first Saturday of the month.

Moms group. Jesus Cares ministry,

In the next week ...

Candy Palooza. 9 a.m. to 5 n. Sept. 28-29, Jelly Belly $\boldsymbol{\sigma}$ Visitor Center, 1 Jelly Belly Lane, Fairfield. https:// candypalooza iellybelly com

Dixon Scottish Games. 8 a.m. to 5 p.m. Sept. 28, Dixon May Fairgrounds,

EFMP children's ministry, 4:30-6:30 p.m., every third Saturday of the month at First Street Chapel Annex

Twin Peaks Chapel

 Protestant Women of the Chapel 9:30 to 11 a.m. Tuesday.

DGMC Chapel

Protestant Traditional Service: 10 to 11

Airmen's Ministry Center

• The Peak is open from 5:30 p.m. to 9 p.m. Monday through Friday at Bldg. 1348. Home-cooked meal from 6:30 p.m. to 7:30 p.m. Tuesdays followed by Bible study. *******

For more information about chapel programs, call Twin Peaks Chapel at 707-424-3217

Recurring

Air Force Office of Special Investiga

tions. To report a crime, get a foreign travel brief or request information on joining AFOSI, report to Bldg. 380B, second floor. Send correspondence to AFOSI Detachment 303. 510 Airlift CR, Travis AFB, 94535. For more information, call 707-424-3115 or DSN: 837-3115.

Air Force Recruiting Office. Now open at the Solano Town Center mall. Learn more about what the Air Force has to offer, such as up to 100-percent tuition assistance, 30 days paid vacation per year, free medical and denta care, tax-free housing and food allowance and much more. Contact Tech. Set. George Yardlev at 707-889-3088 or stop by the office located at 1350 Travis Blvd., Suite P2, Fairfield, in the Solano mall.

Air Force Sergeants Association "Walter E. Scott" Chapter 1320. General membership meetings are at 2 p.m. on the

second Friday of each month at Wingman's in the Delta Breeze Club and include a free breakfast. For more information, contact Master Sgt. Reynoldo Rios or Master Sgt. Rosel Agapay.

Airmen's Attic. The Airmen's Attic is open from 10 a.m. to 2 p.m. Tuesday and Thursday and 4 to 6 p.m. Wednesday, 560 Hickam Ave. For more information, call 707-424-8740 or visit the Facebook page "The Attic at Travis AFB."

Alzheimer's Caregiver Support Group. Meetings take place from 1 to 2:30 p.m. the third Thursday of the month in the diabetic

Release of Angels Ceremony. A pregnancy and infant loss ceremony. 1-2 p.m. Oct. 3 at the courtyard near the David Grant USAF Medical Center chapel.

655 S. First St. www.scotsdixon.org.

education classroom on the first floor in Internal Medicine at David Grant USAF Medical Center. For more information, call 707-423-7227

Base emergency numbers. Mobile phone users must dial 707-424-4911 if they have an emergency on base. Those using government or home phones can call 911. For more information, call the Travis Air Force Base Fire Prevention Office at 707-424-3683.

Base illicit discharge number. To report sewage/water leaks or illegal dumping, call 707-424-2575. For hazardous chemical/ material spills, call the base emergency numbers

Civilian Health Promotion Services.

Will perform free wellness screenings from 7:30 to 9:30 a.m. every Monday for all DoD federal civilians. Screenings include cholesterol. glucose, blood pressure and body composition analysis. For more information, visit www. AFMCwellness.com or contact CHPS at 707-424-CHPS or CHPSTravis@foh.hhs.gov.

Combat Arms Firing Range. Bldg. 1370, located 200 yards northeast of perimeter road in the northeast corner of Travis is off limits to all personnel. Trespassing is not only illegal, but extremely dangerous due to live weapons firing. Anyone requiring entry into the area or needing further information should contact the base Combat Arms Section at 424-2122 or visit at 700 Vandenburg Dr., Bldg 1219 Travis AFB, CA

94535 Crisis text line. Free, confidential, 24/7 counseling for teens and young adults. Text 741-741 anywhere in the United States and a live, trained crisis counselor responds quickly.

Employee-Vehicle Certification and Reporting System. Civilian and military personnel must maintain emissions information with the Web-based ECARS system. For more

information, call Xuyen Lieu at 707-424-5103. Exceptional Family Member Program Sensory Play Group. This group meets from 2 to 4 p.m. the second and fourth Wednesdays at the Balfour Beatty Community Center. For more information. call 707-424-4342 or visit the Facebook page "EFMP Travis AFB."

Family Advocacy Parent/Child play groups. Toddlers to the Max play group for children ages 1 to 3 meets from 9:30 to 11 a.m. Wednesdays at the First Street Chapel Annex. The Rattles to Raspberries play group for infants 8 weeks to 1 year meets 9:30 to 11 a.m. Thursdays at the First Street Chapel Annex. For more information, call 707-423-5168.



Retiree Corner • For all other inquiries, call LDS of improperly handling food 6979.

"Commissaries have military veterinarians and store food safety specialists inspecting food sources, deliveries and products on the shelves to help ensure they're free of potential contaminants," said Army Safety Inspection Service, Lt. Col. Angela M. Parham, director of DeCA's Public Health and Safety.

items.

see how 'straights' are formed

Previous solution - Medium

9 1 6 5 3 8 4 4 7 8 2 1 9 5

3 5 2 7 6 4 9 1 8

To complete Sudoku, fill the board

by entering numbers 1 to 9 such that each row, column and 3x3 box

contains every number uniquely.

For many strategies, hints and tips,

other puzzles, check out our books

iPhone/iPad Apps and much more on our store at www.str8ts.com

visit www.sudokuwiki.ora

If you like Str8ts, Sudoku and

To read more, visit prevent foodborne illness- https://bit.lv/2lZdP6C.

- Defense Commissary Agency

• Children's Church: 10:15 a.m. Sunday. Sacrament of Reconciliation/Confession: a.m. Sunday appointment.

- Children's Choir: 2 p.m. Sunday.

• Adult Choir: 4 p.m. Sunday.

• Women's Bible Study: 10 a.m. (at First

• Catholic Women of the Chapel: 6 p.m.

First Street Chapel

• Mom's Group: 9 to 11:30 a.m. Thursday

p.m. Monday through Thursday, except for federal holidavs

DGMC Chapel • Roman Catholic Mass: Noon to 12:35

first Monday of every month, Annex. Rite of Christian Initiation of Adults: 6 to 7:30 p.m. Wednesday, Annex. • RE Classes: 10:15 to 11:30 a.m. Sunday,

Family and Friends Combat Stress Peer Support Group. Meets from noon to 1 p.m. the first Tuesday of every month at the Balfour Beatty Community Center and from 1 to 2 p.m. the third Thursday of each month at The Peak For more information contact Amber Quirate and Jessica Soto at 501-231-7756 or

for government-issued, no-fee passport and

performance of official government business.

16 or younger. However, it applies to sponsors.

For more information, call 707-424-5324.

This requirement does not apply to minors ages

Professional Loadmaster Association.

The Professional Loadmaster Association meets

at 7 p.m. the first Tuesday of each month at the

Retiree Activities Office. Openings for

service members and their family members. It is

Delta Breeze Club For more information call

volunteers. Customers are retired American

communication and to ensure retirees receive

the service and the respect they deserve. If you

would like to apply for a volunteer slot and have

three hours or more to give, call 707-424-3905.

Solano/Napa Habitat for Humanity.

This organization welcomes volunteers and

supporters from all backgrounds. There are

more information, email Staff Sgt. Mathew

Clayton at mathew.clayton@us.af.mil.

for volunteers to organize, sort and price

Thrift Shop at 707-437-2370.

recurring events Tuesday through Saturday. For

Travis Community Thrift Shop. 10 a.m.

to 2 p.m. Tuesday and Thursday. Ongoing need

donations. For more information, contact the

Air Patrol. Open to youth from 12 to 18, as

well as adults ages 18 or older who train and

serve as the volunteer component of the total

force. UTA is 6:30 to 9 p.m. Monday, Bldg.

241-B-2. Open to all students with a 2.0 or

information, contact CAP 1st Lt. Jo Nash at

us, visit during a UTA or check out http://

Open 10 a.m. to 5 p.m. Tuesday through

www.travisheritagecenter.org.

Tuesday, Wednesday and Friday,

make an appointment.

squadron22-cap.us.

707-424-3996 or recruiting@squadron22-cap.

Travis Air Force Base Heritage Center.

Saturday, Building 80, 461 Burgan Blvd., Travis

Air Force Base. Escorts required for general

public, call center to arrange. Free. 424-5598.

notaries are walk-ins 9 a.m. to 2 p.m. Monday.

9 a.m. to 1 p.m. Thursday. Legal assistance for

retiree legal assistance, call 707-424-3251 to

walk-ins from 2 to 3 p.m. Tuesday. For all wills and

Voluntary Leave Transfer Program. The

following Travis employees are approved as leave

Today

active duty members and dependents are

Travis Legal Office. Power of attorney and

higher grade-point average. For more

Travis Composite Squadron 22 Civil

the RAO's responsibility to maintain open

Mark Raymond at 707-416-5331.

other U.S. government agencies in the

email travsopcombatptsd@gmail.com Government no-fee passports. All submissions of applications for government no-fee passports must now include: 1) A photocopy of Military Identification Card front and back; 2) Passport photo taken in the past six months: 3) Supporting document(s), proof of U.S. citizenship certified copy with state or county seal, if it involved a name change submit a court order or marriage certificate. Passport application cannot be handwritten and printed back to back and must be completed online with 2D barcode at website https://pptform. state.gov and/or https://travel.state.gov. For more information, call 707-424-5324.

Hometown News Releases. To submit https://jhns.release.dma.mil/public and fill out

a Hometown News Release visit

information, call 707-424-2689.

the information

closed Sunday

call 707-424-8483.

Mare Island Museum. Open 10 a.m. to 2 p.m. Monday through Friday and 10 a.m. to 4 p.m. Saturdays. 1100 Railroad Ave. in Vallejo. For more information, call 707-557-4646. M-50 Gas Mask Fit Testing. Takes place from 9 a.m. to 3 p.m. every Wednesday at Bldg. 791. All deployers are fit as necessary. For more

Mitchell Memorial Library. Open 9 a.m. to 7 p.m. Monday through Thursday, 9 a.m. to 5 p.m. Friday, 10 a.m. to 5 p.m. Saturday and

MPF self-renewal program. Did you know that dependents can now renew their ID cards online? To participate in this program, visit http://bit.lv/2mR1gl2. This program is limited only for renewing dependents' IDs. For all other services, visit MPF during duty hours or

On-base child care. The Air Force requires on-base residents to be licensed by the 60th Mission Support Group if they provide more than 10 hours of care per week in their homes. For more information, call 707-424-8104 or 707-424-4596 or stop by Bldg. 380B.

Photocopying of military identification. The prohibition of photocopying of U.S.

government identification Common Access Card announced by the Office of the Assistant Secretary of Defense, dated Oct. 27, 2011, does not apply to medical establishments, applying

> Here are the showtimes for this weekend's movies at the Base Theater:

• 6:30 p.m. "Overcomer" (PG) • 9 p.m. "Don't Let Go" (R)

Sunday • 2 p.m. "Blinded by the Light" (PG-13)

recipients through the Voluntary Leave Transfer Program:

 John Butler, Special Tactics Training Sauadron.

 Neftaly Clark, 1st Special Operations Force Support Squadron

• Rabiye Hamilton, Travis AFB Commissarv

 Mark Holmes, 10th Contracting Squadron

• Dina Patterson-Steward, 60th Aerial Port Squadron

Jason Perkins, Grand Forks AFB.

Gina Silva, Air Force Academy

headquarters Maria Thammasen, 60th Force Support Sauadron

 Dennis Weaver, Air Force Manpower Agency

The VLTP allows an employee who has a medical emergency or is affected by a medical emergency of a family member and is without availability of paid leave to receive transferred annual leave directly from other employees. For more information, call 707-424-1720.

Tuskegee Airman Lee A. Archer **Chapter**. Meets at 3 p.m. the third Saturday of the month at the Airman and Family Readiness Center

What's Cookin' Wednesday. Free lunch at the Travis AFB USO Bldg. 1348. Served from 11 a.m. to 1 p.m. every Wednedsay. For active duty, Guard reservist and their families

Local events

Events

Artys. 5 p.m. Oct. 6, Downtown Theatre, 1035 Texas St., Fairfield. www,downtowntheatre.com.

Benicia Farmers Market. 4 to 7 p.m. Thursday through Oct. 24, First Street between B and D streets, www.beniciamainstreet.org.

Fairfield Farmers Market and Thursday on the Green, 3 p.m. Thursday. Jefferson and Texas streets. www.fairfieldmainstreet com

Friday Nights on the Farm. 4:30 to 9 p.m., through Oct. 4. Green Valley Road at Vintage Lane, Fairfield. www.visitfairfieldca. com/events/friday-nights-at-the-farm.

Kidfest, 10 a m to 2 p m Oct 19 Andrews Park, Vacaville, www.ci.vacaville.ca.us/ residents/vacaville-youth/kidfest.

Party on the Patio. Music begins at 5:30 p.m.: American Made Band, Oct. 3; Suspects of Soul, Oct. 10; Cast Iron Grill & Bar, 700 Main St., Suisun City. www.facebook.com/ castirongrillandbar.

"Sounds of Suspense." Radio broadcast, noon fourth Friday of each month, Vacaville Public Library-Town Square, 1 Town Square Place Free www.solanolibrary.com

Vacaville Farmers Market. 8 a.m. to noon Saturday, through October, Creekwalk Plaza at Andrews Park. www.vacavillefarmersmarket com

Vallejo Art Walk. 5 to 10 p.m. second Friday of each month, downtown Valleio, Free admission www.valleioartwalk.com



Vallejo Farmers Market. 9 a.m. to 2 p.m. St., Benicia. www.luccabar.com. Saturdays, year-round, Georgia and Marin streets, www.pcfma.com

Vintage Market. 9 a.m. to 2 p.m. every third Saturday, St. Paul's United Methodist Church, 101 West St., Vacaville, 925-978-6989,

Waterfront Festival. 11 a.m. to 5 p.m. Oct. 5. Suisun Waterfront Plaza, Main and Solano Streets, Suisun City. www.brendamossaevents com

Music and dance

City Sports Bar and Grill. Music begins at 9 p.m.: ClusterPhunk, Sept. 27; Melting Pot, Sept. 28; BlackWater, Oct. 5; 7155 Browns Valley Parkway, Vacaville. 455-7827, www. starsrecreation com

Downtown Theatre. Aretha Franklin Tribute, 8 p.m. Oct. 12; 1035 Texas St., Fairfield. www.downtowntheatre.com

Empress Theatre. U2 America, 7 p.m. Sept. 27; Kimberlye Gold, 8 p.m. Sept. 28; Dante Quick, 7 p.m. Oct. 2; Tota and Tessie, 8 p.m. Oct. 5; Joyce Grant, 7:30 p.m. Oct. 9, 330 Virginia St., Vallejo. 552-2400, www. empresstheatre org

First Street Cafe. Ken Cooper, 7 p.m. Sept. 28; Thomas Molina Quartet, 2 p.m. Sept. 29; Ken Cooper, 7 p.m. Oct. 4; Open mic, 7 p.m. Oct. 5; 440 First St., Benicia. 745-1400, www.firststreetcafe.com.

Lucca Bar & Grill. Don Bassey, 6:30 p.m. Sept. 27; JimBo Trout, 1 p.m. Sept. 28; Marina Crouse, 6:30 p.m. Sept. 28; B3B4, 2 p.m. Sept. 29: The Foxcatchers, 6:30 p.m. Oct, 3: Jeffrey James Trio, 6:30 p.m. Oct. 4; Erick Eckstein, 1 p.m. Oct. 5; Papa Joe & The New Deal, 6:30 p.m. Oct. 5; Irish music, 3 p.m. Oct. 6; 436 First

The Rellik, Motel Drive, 8:30 p.m. Sept. 27: Jeffrev James Trio. 8:30 p.m. Sept. 28: 726 First St., Benicia. www.therelliktavern.com.

Sardine Can. Jazz music, from 5 to 8 n m · Dalt Williams, Sept. 29 · Michelle Michaels Oct. 6; 0 Harbor Way, Vallejo. www.vallejosardinecan.com.

Solano Symphony. Opening concert, 3 p.m. Oct. 6, Vacaville Performing Arts Theatre, 1010 Ulatis Drive. www.solanosymphony.org.

Solano Winds. "How Suite It Is," 8 p.m. Oct. 11, Downtown Theatre, 1035 Texas St. www.solanowinds.org.

Vacaville Performing Arts Theatre. Life in the Fast Lane: Eagles Tribute, 4 p.m. Sept. 29; 1010 Ulatis Drive. 469-4013, www.vpat.net.

Vallejo Jazz Society. Charged Particles, 5 p.m. Oct. 20. Empress Theatre, 330 Virginia St. Vallejo. https://vallejojazzsociety.net.

Vallejo Symphony. "Beginnings and Endings," 8 p.m. Nov. 2, 3 p.m. Nov. 3, Empress Theatre, 330 Virginia St., Vallejo. https://vallejosymphony.org.

Museums

American Armory Museum. Open 10 a m to 3 p m Wednesday through Saturday 4144 Abernathy Road, Fairfield. Call 389-6846 prior to visiting.

Mare Island Museum. Open 10 a.m. to 2 p.m. weekdavs. 10 a.m. to 4 p.m. Saturdavs. 1100 Railroad Ave., Vallejo. 557-4646, www. mareislandmuseum.org.

Peña Adobe/Mowers Goheen Museum. The California Raptor Center visits, Oct. 5; open 11 a.m. to 2 p.m. first Saturday, 1 Peña Adobe Road, Vacaville, Free, 447-0518, www.penaadobe.org

"NEWS NOTES" BRIEFS MUST BE SUBMITTED TO 60AMWPA@US.AF.MIL SEVEN DAYS BEFORE THE EVENT DATE. CALL THE 60TH AIR MOBILITY WING PUBLIC AFFAIRS OFFICE COMMAND INFO SECTION AT 424-2011 FOR MORE INFORMATION.

• 6:30 p.m. "Dora and the Lost City of Gold" (PG) • 9 p.m. "Good Boys" (R) Saturday

Barriers

From Page 9

Lt. Gen. Jacqueline D. Van Ovost, Air Force director of Force's Diversity and Inclumale Airmen and potential recruits that becoming a parent vice are incompatible."

This latest move eliminated a standardized regulation regarding pregnancy and creat-

Women

From Page 8

so successful," she said. "To reach out and ask for help. If I ever need something, I know I can call any of these ladies and they will be there."

The aviators also participated in a female fitment event during an aircrew flight equipment seminar. A team of anthropometric data collection specialists took body measurements of the women to calculate averages and ultimately create uniforms and body armor that are more flattering and functional for the women who wear them, as ill-fitting uniforms can create problems for combat effectiveness.

"I'm just at the cusp of the seating height for the aircraft," Dent said. "I have a different body type than what the flight suit was designed for. With the flight suit being long in my torso area, I've noticed an issue with bunching during my flights. The team is looking to solve these issues that cause discomfort and disadvantages by understanding the range of body types that are actually wearing these uniforms."

The final day of the event was spent volunteering at the "Girls in Aviation Day" event held by the North Tex- nation. I want to find the best as Chapter of Women in Aviation International at the Fron- out of uniform. One team. One tiers of Flight Museum at Love Air Force. Many components."



of Air Force platforms," said staff and adviser on the Air sion efforts. "We're focused on eliminating barriers in our existing policies that signal to feand being an aviator, controller or missile operator in our ser-

professional medical team.

"Pregnancy is a planning factor that our Air Force policy makers and line commanders need to incorporate into daily business," said Lt. Gen. Mark Kelly, Air Force deputy chief of staff for operations. "As more women join the aviation workforce in the 21st century, we are taking proactive steps to ensure that our policies are revised now - to effectively execute the mission, retain our current workforce and attract the next generation of Air Force aviators."

Changes were made to the existing process for Airmen who are fully qualified ed a policy that's fully informed to fly, which expanded the by the member's individual sit- time parameters for flying uation and the advice of her while pregnant, eliminated the

requirement for a higher headquarters waiver (for Airmen with uncomplicated pregnancies to be able to return to flight), and delegated authorities regarding the issue down to the local level.

"I am excited that our trained aircrew now have expanded options to continue maintaining their flying proficiency and essential qualifications in the air during pregnancy," said Lt. Col. Jammie Jamieson, Air Force chief of reserve operations integration, fighter pilot and member of the of the team supporting the ing pregnancy remain in place.

Air Force Women's Initiative CSAF's (Air Force chief of Team. "Flying is a sport and a staff's) vision for our Air Force perishable skill, so being able to better represent the demoto minimize time out of the air helps preserve their individual skills and readiness, and re- to serve," Jamieson continued. tains the Air Force's significant investment in them."

Jamieson, who was the first operationally qualified female F-22 Raptor pilot assigned to a pregnancy across the aviation combat coded unit and is a parent of three, stressed the importance of ongoing policy re- our Air Force team." form

graphic and cultural diversity of the nation we are privileged "The Women's Initiative Team has done a lot of work this past year to tackle many of these policy barriers. Destigmatizing workforce is essential in attracting female citizens to join

Worldwide mobility restric-"I'm really proud to be part tions applied to all Airmen dur-



get big things done, we need to

Field in Dallas. These are held across the country, but Dallas is the biggest event with more than 3,000 attendees.

The women volunteered to speak on panels, facilitated flight simulators, assisted with iPad air-traffic control games. explained airfield operations, answered questions and, most importantly, served as examples for all the young women attending.

"There are a lot of little girls out there who don't know that being in aviation, whether that's as a pilot, flight attendant or a boom operator, is something they can do," Dent said. "Seeing all these amazing women in uniform can really put the image in their head and inspire them."

Young women having these experiences and being able to imagine themselves as a woman in aviation is extremely important, as the Air Force needs as many strong women on the team as possible, no matter which part of the total force - active, guard or reserve they choose to serve in. Leavitt drove that point home during her speech.

"Our job is to inspire, engage and recruit the next generation of Airmen," she said. "When we find talent in society, whether that be physical strength, moral strength, mental strength, grit or determimatch, full or part time, in or

Eager Lion

From Page 7

everything a C-130 has to do."

The Rapid Air Land consisted of the C-130H3 loading up British and Jordanian military members and quickly dropping them off on an airfield to simulate an airfield takeover. said Tech. Sgt. Andrew Cline, a 700th AS loadmaster.

"Airdrops, that's our bread and butter," Cline said. "You can tell that we're not a big, huge plane (such) as a C-130, but we have the capability to load up and drop equipment. We can do heavy equipment, which would be Humvees, tanks, anything that can fit on the platform. For personnel, we have the capability of going out of the tailgate or the parachute doors."

That same tailgate was utilized by Special Operations Forces Soldiers during the multinational airborne operation, commonly known as the Friendship Jump, during the final exercise of EL19. It was an opportunity to integrate forces in a multilateral environment, operate in realistic terrain and strengthen military-to-military relationships.

Being in the Middle East may seem cut and dry when it comes to predicting the weather, but pilots and jumpers rely heavily on accurate weather briefs to affirm that they're



A C-130H3 from Dobbins Air Reserve Base, Ga., banks right as part of a controlled turn in a flight formation during Exercise Eager Lion on Sept. 1 in Jordan. Exercise Eager Lion is a multi-national exercise where Dobbins Air Reserve Base is the primary provider of air support.

being as safe as possible during these exercises.

"My weather briefs have been focused on giving pilots and jumpers up-to-date information on weather patterns before they were airborne," said Staff Sgt. Shayne Welsh, a weather supervisor augmented from the 28th Operational Weather Squadron at Shaw Air Force Base, S.C. "Wind patterns greatly affect the jumpers, especially once their parachute has been deployed." Aside

from military



exercises, Dobbins Airmen also got to experience the unique culture and views Jordan has to offer.

"In the air we've had the opportunity to go over the Dead Sea, which was beautiful," said Cline. "In Jordan, it's verv diverse. There's super, super flat where it's desert and there are other parts where it's very mountainous and then just seeing the city of Amman – it's pretty cool."

The exercise came to a successful conclusion, but Dobbins Airmen had one more task ahead of them. Hurricanes Dorian and Gabrielle blocked their path back home, but they had a trained weather professional onboard.

"The surprising continuation of Hurricane Dorian up the east coast of the U.S. added another element to my misanother hindrance to arriving nity."

home on schedule. Tracking the hurricane's path accurately allowed our pilots to take the safest route back to Dobbins for what I would call a successful mission."

The hurricanes delayed the return home another two days. The civilian employers of these service members understand their role in all of this and that it's comforting to know that they have jobs waiting for them when they get home

"I think being a Reserve Citizen Airman can be a challenge," said Toste. "It's good though because I can go back to my civilian employer and I can show them that this is what we're doing for our country and this is how you're supporting the military and what we're doing in order to create a good environment, sion," said Welsh. "Then Hur- good exercises and working ricane Gabrielle proved to be with an international commu-



SEPTEMBER 27, 2019

Save lives

From Page 4

become better, motivates you to be successful, and/or leads to positive outcomes then that would be considered positive stress.

When normal everyday stressors never find any relief or outlet, that is when it turns into bad stress, or distress. This can take the form of work stress, financial stress, relationship/social stress, legal stress, administrative actions and medical issues such as chronic pain or illness. The presence of even one of these can cause significant distress. There is no "one size fits all' for stress, because it is based on individual perceptions. This is important to understand because what one person may find as a walk in the park may be the hardest situation to deal with for another person.

We can all play a role in preventing suicide, and it doesn't require a grand gesture or complicated task. Helping someone feel included and supported can make a big difference during a challenging time. The "Be There" campaign emphasizes that small actions, like calling up an old friend, checking in on a neighbor, or inviting a colleague on a walk, are thoughtful ways to show someone vou care.

Your actions can help someone going through a tough time feel less alone. If you notice someone who may be struggling, simply taking the time to ask them if they are ok can sometimes make all the difference. "Be There" is being a good Wingman.

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• SARC: 877-995-5247. • Military One Source: 800-342-9647

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• Military Crisis Line: 800-273-8255

• National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

• www.veteranscrisisline.

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From Page 6

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trust their training and learn

target area and we don't know

what the issues are, then we

to the performance level it is

portance of being mission-

ready and not getting a 100%

rating during an exercise is

fine. It's how the team strives

to fix the target areas that

pared," Hoeft said. "The re-

sponsibility of being ready as

a base falls on all of us. It's im-

portant we do all we can to im-

prove upon our deficiencies

"We just want to be pre-

Hoeft foot-stomped the im-

"If there is a concern in a

from their mistakes.

at without WIT."

matter

Partnerships

From Page 3

the exercise; something that was displayed when U.S. Airmen and RAAF aircraftmen shared equipment.

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medical and fire relief supplies, Humvees and Razor offroad vehicles, into a C-5M Super Galaxy," said Airman 1st Class Anthony Sauma, 60th Aerial Port Squadron air transportation journeyman. "This exercise was a great op-

our allies perform in similar situations to prepare themselves. We shared ideas and methods of how we would usually complete missions, which helps everyone improve.

"It's essential for everyone to be on top of their game. so we are ready to take action when the time comes," Sauma added. "If we aren't on top of our game when it really counts, then cargo could get delayed, which could cause people to get hurt or even die."

Being ready to project American power anytime, anywhere is a constant focus for Travis AFB, home to the largest air mobility wing in the U.S. Air Force, added Kibellus.

"At Travis AFB, we train like we fight to ensure we're always prepared for any and all crises that may arise," he said.

Team From Page 4

With each exercise, multiple agencies come together to

cannot come up with a plan to resolve a variety of problems. fix it." Wasiewski said. "That This teamwork is essential to is why we rely so heavily on mission success, Hoeft conthe Wing Inspection Team. tinued. We could not get Team Travis

As of Sept. 20, Travis held had two exercises in 2019, Golden Thunder and most recently, Golden Edge. The base is planning a third before the end of the year.

"Knowing each other's roles is important," Steele said. "We have different jobs, but whether you're bioengineering or emergency management, we have one goal: get the mission done."

Steele wants Airmen to know that when they're performing in an exercise, it's ok and grow."

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Airman 1st Class Octavius J. Thompson

Thompson

From Page 2

"Drive on."

lead to the mind set of ignoring how you feel even when it hurts. Airmen cannot show weakness or emotion because it tells the world that our forces are weak. At least, that is the mindset I have witnessed.

these phrases fit the part because it means you are a team player, tough and resilient. This identity works for the military and the mission, but it does not work when Airmen take this mindset into their personal lives.

When it comes to expressing oneself. I have found that Airmen are not good at asking for help and have learned to hide their emotions and pain. Because we are all focused on getting the mission done, sometimes we forget to check on our wingman. In no way is this because we

do not care about the Airmen around us. It is the result of constantly focusing on the mission, afraid to fail, wanting to live up to leadership's expectations.

I challenge you, when you have ask for help. Take a moment to show your wingman you feel their suffering and that it is OK to acknowledge that pain.

Force has taught me if you see a problem vou fix a problem. I can't fix the current problem in the Air Force. But I think an honest dialogue between leadership and Airmen could be a good start toward a fix.

I am the product of the mission coming first for decades. I hope to be around as the focus shifts to the Airman becoming as important as the mission.



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These phrases unconsciously

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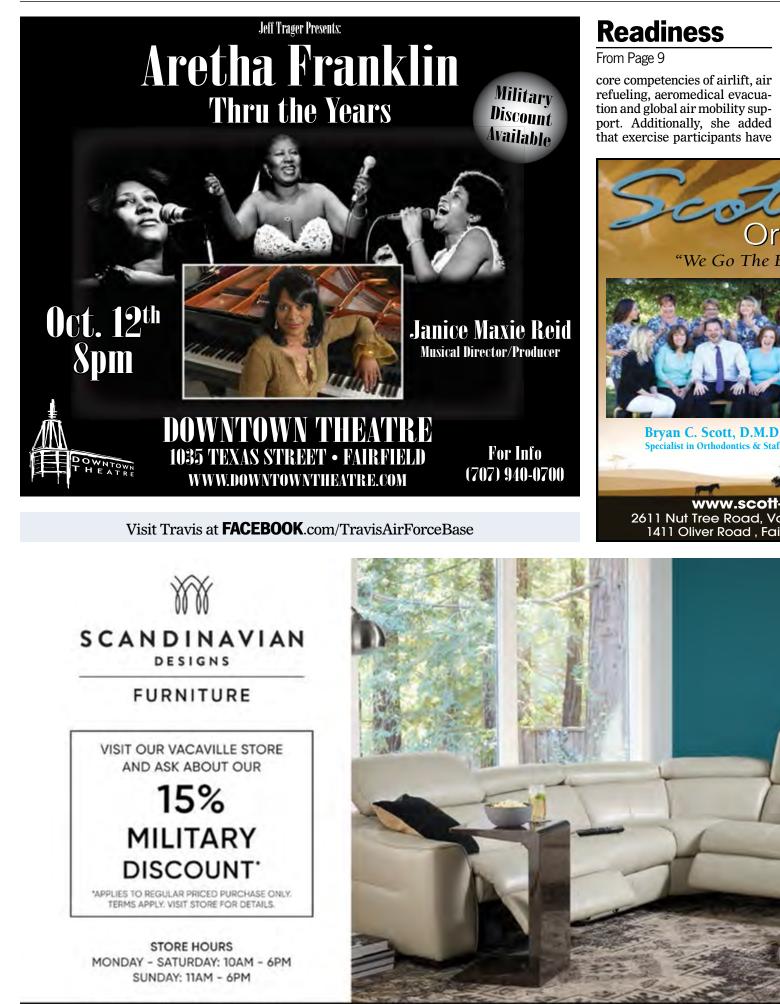
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honed their skills at executing forcible entry, airfield seizure, strategic deterrence and humanitarian relief operations.

"It is imperative that we outpace our adversaries and best tion and global air mobility sup- position the mobility air forces port. Additionally, she added to defeat the threats of tomorthat exercise participants have row," said Miller.





1) Chief Master Sgt. of the Air Force Kaleth O. Wright speaks to Airmen during 2 an all call Sept. 24 at Travis Air Force Base, Calif. 2) Wright during the all call. Wright visited several 60th Air Mobility Wing organizations and the 621st CRW to learn more about the diverse mission at Travis. 3) Wright smiles while speaking to Master Sgt. Christopher Bates, 571st Mobility Support Advisory Squadron, during his visi to Travis. 4) Staff Sgt. Justin Burke, 821s **Contingency Response Squadron security** forces, briefs Wright on the controls of an Air Force MRZR tactical vehicle.

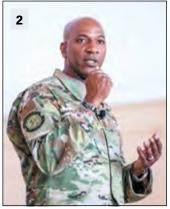


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Travis greets Chief Wright with ...



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